

Rang	G	Platz	Zeit	Name	St.-Nr	NAT	Verein	Jahr	PAK	AK	Min/KM
1		1	00:36:08	Büttgen, Simon	3		LG Stadtwerke Hilden	1985	1	M	03:36,8
2		2	00:36:38	Emme, Thomas	914		Hilden	1967	1	M45	03:39,8
3		3	00:36:42	koubaa, Fauzi	761		LG Stadtwerke Hilden	1982	1	M30	03:40,2
4		4	00:36:58	Claesges, Michael	799		ASV LT Kemperdick	1964	2	M45	03:41,8
5		5	00:37:56	Siepe, Volker	726		Hildener AT	1974	1	M35	03:47,6
6		6	00:39:17	Oberkirsch, Laurin	389		Langenfeld	1995	2	M	03:55,7
7		7	00:39:22	Kerim, Peter	7		Haaner TV	1956	1	M55	03:56,2
8		8	00:40:11	Voigt-Krämer, Dirk	901		TSV Solingen	1968	1	M40	04:01,1
9		9	00:40:12	Kramer, Jörn	135		LG Stadtwerke Hilden	1988	3	M	04:01,2
10		10	00:40:24	Damm, Harald	105		LG Wuppertal	1960	1	M50	04:02,4
11		11	00:41:04	Duch, Ludwig	112		Hilden	1963	3	M45	04:06,4
12		12	00:41:20	Berthold, Nicolas	346		Düsseldorf	1980	2	M30	04:08,0
13		13	00:41:27	Hummelsheim, Stefan	920			1964	4	M45	04:08,7
14		14	00:41:51	Elsner, Tobias	5		Hilden	1975	2	M35	04:11,1
15		15	00:41:53	Windhövel, Jörg	349		Hilden	1971	2	M40	04:11,3
16		16	00:41:56	Bexkens, Willy	96	NED	LG Stadtwerke Hilden	1968	3	M40	04:11,6
17		17	00:42:28	van Amorongen, Maximili	912		LG Hilden	1995	4	M	04:14,8
18		18	00:42:28	Fleckenstein, Christian	731		Hilden	1990	5	M	04:14,8
19	W	1	00:42:28	Ortega Sawal, Tanja	198		Essen	1968	1	W40	04:14,8
20		19	00:42:31	Cordes, Arne	50		5 vor 8!	1969	4	M40	04:15,1
21	W	2	00:42:36	Krämer, Tanja	4		Solinger LC	1968	2	W40	04:15,6
22		20	00:43:18	Presuhn, Klaus	95		LG Weidensprinter	1965	5	M45	04:19,8
23		21	00:43:29	Gronemeyer, Hans-Herm	182		LC Wuppertal	1948	1	M60	04:20,9
24		22	00:43:55	Schechinger, Markus	146		LT Düsseldorf-Süd	1972	5	M40	04:23,5
25		23	00:44:08	Reibis, Max	218		Hilden	1994	6	M	04:24,8
26		24	00:44:19	Wesolowski, Jörg	786		Duisburg	1962	2	M50	04:25,9
27		25	00:44:46	Strippel, Thomas	184		BSG Deutsche Bank Deutsc	1969	6	M40	04:28,6
28		26	00:44:56	Brandenburger, Frank	764		Tri Club Wuppertal	1964	6	M45	04:29,6
29		27	00:44:57	Hülfenhaus, Martin	35		Hilden	1965	7	M45	04:29,7
30		28	00:45:34	Göbel, Karl-Heinz	922		Hildener AT	1966	8	M45	04:33,4
31		29	00:45:52	Ammelung, Holger	716		TuS Haintchen	1968	7	M40	04:35,2
32		30	00:45:58	Stehr, Christoph	76		SV 1922 Hilden	1964	9	M45	04:35,8
33		31	00:46:08	Buschmann, Dirk	918		HAT Hilden	1959	3	M50	04:36,8
34		32	00:46:14	Kemmann, Frank	99		LG Weidensprinter Hilden	1964	10	M45	04:37,4
35		33	00:46:14	Zipfel, Johannes	20		Henkel Lauflöwen	1971	8	M40	04:37,4
36		34	00:46:31	Bommers, Frank	347		Neuss	1987	7	M	04:39,1
37		35	00:46:49	Tighilt, Ayyub	717		Solingen	1996	8	M	04:40,9
38		36	00:46:49	Beaujean, Sven	916		Hilden	1976	3	M35	04:40,9
39		37	00:46:50	Matschull, Ing. Frank	661		für meine Jungs	1967	11	M45	04:41,0
40		38	00:46:57	Blüml, Manfred	356		Düsseldorf	1962	4	M50	04:41,7
41		39	00:47:19	Brandt, Ralf	915		LC Duisburg	1958	5	M50	04:43,9
42		40	00:47:23	Lis, Oliver	108		Team Corefit	1982	3	M30	04:44,3
43		41	00:47:41	Weissberg, Frank	554		Velbert	1968	9	M40	04:46,1
44		42	00:47:48	Rommerskirchen, Ralf	168		Mettmann	1963	12	M45	04:46,8
45		43	00:47:55	Hainz, Werner	308		Wuppertal	1954	2	M55	04:47,5
46		44	00:47:59	Röver, Marc	15		Rover Records	1971	10	M40	04:47,9
47		45	00:48:01	Schellhorn, Georg	147	AUT	Chrisorg	1957	3	M55	04:48,1
48	W	3	00:48:03	Cordes, Kristin	48		5 vor 8!	1973	1	W35	04:48,3
49		46	00:48:04	Friese, Thomas	660		Hildener AT Triathlon	1965	13	M45	04:48,4
50		47	00:48:07	Wangler, Heiko	357		HAT Triathlon	1967	14	M45	04:48,7
51		48	00:48:18	Neuhäuser, Thomas	348		Düsseldorf	1979	4	M30	04:49,8
52		49	00:48:24	Krex, Matthias	903		Bergisch Gladbach	1967	15	M45	04:50,4
53		50	00:48:31	Schomburg, Dieter	773		Toshiba	1944	1	M65	04:51,1
54		51	00:49:01	Sube, Klaus	285		Hildener AT Triathlon	1959	6	M50	04:54,1
55		52	00:49:08	Heimbach, Matthias	917		Hildener AT	1970	11	M40	04:54,8
56		53	00:49:08	Braun, David	787			1981	5	M30	04:54,8

Rang	G	Platz	Zeit	Name	St.-Nr	NAT	Verein	Jahr	PAK	AK	Min/KM
57		54	00:49:18	Merwitz, Jan	714		Düsseldorf	1977	4	M35	04:55,8
58	W	4	00:49:24	Herbut, Maria	447		FC Deutsche Post	1966	1	W45	04:56,4
59	W	5	00:49:26	Damm, Sandra	301		Solingen	1971	3	W40	04:56,6
60	W	6	00:49:37	Schmauder- Cyba, Dr. Bir	911		Heiligenhaus	1964	2	W45	04:57,7
61		55	00:49:37	Schlüssel, Ralf	275		LT Kemperdick	1950	2	M60	04:57,7
62		56	00:49:41	Von Roda, Ekkehart	60		5 vor 8!	1969	12	M40	04:58,1
63		57	00:49:42	Hortig, Reinhard	8		Haan	1962	7	M50	04:58,2
64		58	00:49:44	Clasen, Manfred	83		Wuppertal	1964	16	M45	04:58,4
65		59	00:49:55	Tkotsch, Olaf	36		Bergisch Gladbach	1969	13	M40	04:59,5
66		60	00:50:05	Toelle, Joerg	129		Hilden	1981	6	M30	05:00,5
67		61	00:50:08	Schönemann, Marco	913		Ibiza Freunde	1974	5	M35	05:00,8
68		62	00:50:09	Seifert, Peter	9		TVK Essen	1943	2	M65	05:00,9
69		63	00:50:14	Bernhard, Thomas	200		Solingen	1963	17	M45	05:01,4
70		64	00:50:18	Wiemker, Thomas	388		LLG St. Augustin	1965	18	M45	05:01,8
71		65	00:50:22	Wouters, Michael	739		Hilden	1968	14	M40	05:02,2
72		66	00:50:24	Behle, Torsten	140		Hilden	1977	6	M35	05:02,4
73	W	7	00:50:32	Hiemenz, Annette	291		Hilden	1965	3	W45	05:03,2
74		67	00:50:34	Rippen, Jan	54		5 vor 8!	1970	15	M40	05:03,4
75	W	8	00:50:36	Gendziorra, Elisabeth	295		Hilden	1970	4	W40	05:03,6
76		68	00:50:37	Schardin, Markus	111		Sportmühle Hilden	1966	19	M45	05:03,7
77		69	00:51:00	Sondermann, Ralph	553		Langenfeld	1969	16	M40	05:06,0
78		70	00:51:01	Haas, Markus	21		Die Laufburschen	1968	17	M40	05:06,1
79		71	00:51:04	Dudda, Moritz	107		TuS 96 Hilden	1982	7	M30	05:06,4
80		72	00:51:25	Rogall, Thomas	324		Hilden	1966	20	M45	05:08,5
81		73	00:51:28	Schluck, Andreas	902		Leverkusen	1961	8	M50	05:08,8
82		74	00:51:55	Eltz, Thomas	909		Düsseldorf	1968	18	M40	05:11,5
83	W	9	00:52:09	Schröter, Bettina	281		ASV-LT-Kemperdick	1969	5	W40	05:12,9
84	W	10	00:52:18	Fleming, Ulrike	134		LT Düsseldorf-Süd	1959	1	W50	05:13,8
85	W	11	00:52:37	Petrilos, Katja	28		Erkrath	1966	4	W45	05:15,7
86	W	12	00:52:42	Gruse, Christiane	788		TuS 96 Hilden	1985	1	W	05:16,2
87		75	00:52:43	Peter, Ronald	300		HLG 98 Wuppertal	1960	9	M50	05:16,3
88		76	00:52:49	Kinkler, Ralf	904		Leichlingen	1992	9	M	05:16,9
89		77	00:52:51	Abel, Jens	327		Hilden	1970	19	M40	05:17,1
90		78	00:52:55	Morosan, Dr. Thomas	557		Hilden	1971	20	M40	05:17,5
91		79	00:53:03	Darius, Wischnewski	719		Hilden	2002	10	M	05:18,3
92		80	00:53:05	Wischnewski, Richard	718		Hilden	1970	21	M40	05:18,5
93		81	00:53:08	Milz, Thomas	82		SV Hilden-Ost	1964	21	M45	05:18,8
94		82	00:53:09	Wimmer, Markus	768		Hilden	1962	10	M50	05:18,9
95		83	00:53:31	Filmer, Wolfgang	921		TUSEM Essen	1940	1	M70	05:21,1
96	W	13	00:53:43	Bogdanski, Dr. Janina	126		Hilden	1976	2	W35	05:22,3
97		84	00:53:43	Bayraktar, Kadri	905		Erkrath	1960	11	M50	05:22,3
98		85	00:53:44	Pabich, Tobias	153		Hilden	1990	11	M	05:22,4
99		86	00:53:53	Kowalewski, Robert	555		Hildener AT Triathlon	1966	22	M45	05:23,3
100		87	00:54:16	Dalheimer, Jürgen	776		Düsseldorfer TV	1948	3	M60	05:25,6
101	W	14	00:54:30	Henniger, Kirsten	88		Solinger LC	1971	6	W40	05:27,0
102		88	00:54:40	Zecévic, Mladen	642		Hilden	1964	23	M45	05:28,0
103	W	15	00:54:46	Friebe-Emonts, Susanne	659		Hilden	1965	5	W45	05:28,6
104		89	00:55:00	Schlüter, Dr. Tim	81		TuS 96 Hilden	1981	8	M30	05:30,0
105		90	00:55:04	Schmitz, Ulrich	648		Hilden	1962	12	M50	05:30,4
106		91	00:55:06	Pojer, Marc	100		Düsseldorf	1967	24	M45	05:30,6
107		92	00:55:48	Fontane, Paul Nicolas	552		Langenfeld	1969	22	M40	05:34,8
108		93	00:55:59	Teunissen, Torsten	6		Sportmühle Hilden	1971	23	M40	05:35,9
109		94	00:56:16	Boes, Guido	551		Langenfeld	1963	25	M45	05:37,6
110	W	16	00:56:19	Steinmetz, Andrea	465		Mettmann	1965	6	W45	05:37,9
111		95	00:56:27	Funke, Dr. Martin	136		Hilden	1961	13	M50	05:38,7
112		96	00:56:51	Windszus, Frank Bussho	755		Buddhazen	1958	14	M50	05:41,1

Rang	G	Platz	Zeit	Name	St.-Nr	NAT	Verein	Jahr	PAK	AK	Min/KM
113		97	00:57:12	Jeuck, Jens	41		Hilden	1972	24	M40	05:43,2
114		98	00:57:21	Hoffmann, Mark A.	143		Solingen	1969	25	M40	05:44,1
115		99	00:57:43	Sidiropoulos, Christos	141		Der Sensenmann Club	1974	7	M35	05:46,3
116		100	00:57:46	Beimel, Lukas	144		LG Stadtwerke Hilden	1997	12	M	05:46,6
117		101	00:57:49	Nicolas, Emil	766		Hildener AT	1974	8	M35	05:46,9
118		102	00:58:30	Tschupke, Rainer	754		Hildener AT	1943	3	M65	05:51,0
119		103	00:58:47	Pikarski, Thomas	370			1983	13	M	05:52,7
120		104	00:58:48	Pikarski, Jürgen	373			1954	4	M55	05:52,8
121		105	00:59:01	Sörgel, Michael	58		5 vor 8!	1970	26	M40	05:54,1
122	W	17	00:59:06	Schnittert, Bettina	758		Hilden	1965	7	W45	05:54,6
123		106	00:59:16	Schumann, Matthias	282		Sportmühle Hilden	1974	9	M35	05:55,6
124		107	00:59:21	Rieck, Ralf	713		Langenfeld	1960	15	M50	05:56,1
125	W	18	00:59:23	Nitsch, Alessa	132		Hilden	1972	7	W40	05:56,3
126		108	00:59:24	Bolte, Andreas	133		Hilden	1967	26	M45	05:56,4
127		109	01:00:50	Buschmann, Thorsten	87		Solingen	1977	10	M35	06:05,0
128	W	19	01:00:52	Rommerskirchen, Birgit	175		Mettmann	1967	8	W45	06:05,2
129	W	20	01:00:54	Mühlen, Kendra	73		Sportmühle Hilden	1982	1	W30	06:05,4
130		110	01:00:59	Scheffold, Thomas	167		Mettmann	1960	16	M50	06:05,9
131	W	21	01:02:34	Schröder, Melanie	150		Hilden	1974	3	W35	06:15,4
132	W	22	01:03:04	Zielasek, Ariane	74		Hilden	1965	9	W45	06:18,4
133		111	01:03:07	Naujokat, Carsten	647		Der Sensenmann-Club	1974	11	M35	06:18,7
134		112	01:03:47	Hallulli, Defrim	632		Hilden	1975	12	M35	06:22,7
135		113	01:03:47	Kleese, Stefan	562		Hilden	1964	27	M45	06:22,7
136	W	23	01:04:07	Lössner, Silke	796		TuS 08 Lintorf	1971	8	W40	06:24,7
137	W	24	01:05:44	Pabich, Monika	360		Sportmühle Hilden	1964	10	W45	06:34,4
138	W	25	01:06:36	Kell, Kerstin	777		SSC Hochdahl	1961	2	W50	06:39,6
139	W	26	01:09:01	Küpper, Renate	358		Sportmühle Hilden	1968	9	W40	06:54,1
140	W	27	01:15:56	Claesges, Jill	14		ASV-LT-Kemperdick	1973	4	W35	07:35,6